

# Suggested Packing Checklist

The following items are recommended for attendance at the four-day, three-night Environmental Education program at Camp Hamilton. Warm clothes, good rain gear, and a warm sleeping bag are the most essential items. Camp is a great place for old clothes; please don't bring expensive items to camp. The Catholic Youth Organization cannot assume responsibility for lost or damaged items.

## Bedding

- Sleeping Bag
- Pillow

## Clothing

- 2-3 pair of long jeans or pants
- 4 T-shirts
- Daily change of underwear & socks
- Warm jacket (fleece, wool, or down)
- Warm hat or cap (required)
- Hooded rain coat with rain pants (A MUST!!!!)
- Sweater or warm sweatshirt
- Pajamas
- 1 pair of tennis shoes with laces
- 1 pair H2O resistant shoes or boots
- Plastic bag (wet/dirty laundry)

## Toiletries

- Toothbrush & toothpaste
- Soap & Shampoo
- Deodorant
- Towel & washcloth
- Hairbrush/comb
- Swimsuit & Flip flops for showers only

## Class Items

- Sack lunch for first day
- Backpack/Book Bag (for field studies)
- Pen/pencil
- Water bottle (labeled)

## Recommended

- Flashlight (extra batteries)
- Sunscreen (seasonal)
- Insect repellent
- Disposable camera labeled with name

## DO NOT BRING

- Hair dryers
- Make-up
- Money
- Gum /candy/soda
- Cell phones
- Fireworks
- Any electronics (games, Mp3 players)
- Weapons (knives, guns, etc.)

## Additional Items for Chaperones

- Alarm clock (battery operated)
- Favorite prayer book, or story book to share at bedtime
- Playing cards

## Packing Tips

1. Pack things as compactly as possible. A large duffle bag is best, but suitcases or backpacks are permissible. Please don't use trash bags. Instead try to put sleeping bags and pillows in a duffle or suitcase.
2. If you don't have the number of items suggested, just bring what you can.
3. Please check to make sure you have not brought something on the "Do Not Bring" list.
4. Be sure to pack a healthy sack lunch and drink for the first day